

Dr Simon V. Bariol

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You have been scheduled for a Circumcision

A circumcision is an operation to remove the sleeve of skin (foreskin or prepuce) which covers the tip of the penis (glans). This operation is indicated when there are problems retracting the foreskin, which may cause infections or pain with intercourse.

The procedure is usually performed under general anaesthesia, and takes about 30 minutes.

Preparation:

- You will need to fast 6 hours before your operation.
- Inform the doctor of all your medication especially anti-coagulant (blood thinning) agents. You will be instructed which tablets to cease prior to the procedure.

Following your circumcision:

- It is normal to experience discomfort, bruising and swelling in the penis, but this should settle within a fortnight.
- To relieve these symptoms:
 - Take regular paracetamol, panadeine or panadeine forte (every four hours, no more than 8 per day)
 - Wear supportive underwear (tight jocks or speedos), particularly when walking.
 - Avoid sexual activity for 4-6 weeks
- If you have persistent bleeding from the wound or have difficulty with urination, contact Dr Bariol or the hospital, or attend your nearest emergency department.
- You may bathe or shower normally from the day after your circumcision, but dry the wound carefully. The sutures will dissolve 7-10 days after your operation and do not normally require removal. If the wound is excessively painful or you notice undue swelling or discharge, contact Dr Bariol or see your local doctor.
- Make an appointment to see Dr Bariol approximately 2-3 weeks after the procedure for a wound check.