

Dr Simon V. Bariol

MBBS BSc (Med) FRACS

Urological Surgeon

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All appointments:
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You have been scheduled for a Cystoscopy

Cystoscopy is examination of the lining of the bladder using a thin 'telescope' called a cystoscope, which is passed up the water passage (urethra) into the bladder. It is performed to discover the cause of a symptom, such as bleeding or difficulties with urination.

The procedure is performed under general anaesthesia or local anaesthetic with sedation, and takes about 10-20 minutes.

Depending on what is identified in the urethra and bladder, various other procedures may be undertaken during your cystoscopy. Such procedures may include taking tissue samples (biopsies) or destroying abnormal tissue with heat (diathermy). Dr Bariol will discuss the findings of your cystoscopy with you before you leave hospital. If a biopsy has been performed, the pathology results will be discussed at your postoperative visit in the rooms.

Preparation:

- You will need to fast 6 hours before your procedure.
- Inform the doctor of all your medication especially anti-coagulant (blood thinning) agents. You will be instructed which tablets to cease prior to the procedure. Do not stop any other medication that you may be taking. Check with Dr Bariol if you are unsure.

Following your cystoscopy:

- It is normal to experience some discomfort and frequency of urination, along with bleeding, but this should settle within a day or so.
- To relieve these symptoms:
 - drink plentiful fluids
 - take Ural sachets dissolved in water 3-4 times per day
 - if antibiotics have been prescribed, complete the whole course.
- If you develop severe pain, fever, frequency of urination or trouble emptying your bladder, contact Dr Bariol or your local doctor.

A follow up appointment has been scheduled for you at:

Day: Date: Time:

Please call Dr Bariol's rooms if this date or time is inconvenient.