

# Dr Simon V. Bariol

MBBS BSc (Med) FRACS

## Urological Surgeon

Suite 6  
Westmead Private Hospital  
Cnr Mons & Darcy Rds  
Westmead 2145

Suite G12  
Norwest Private Hospital  
11 Norbrik Drive  
Bella Vista 2153

Suite 9, Kildare Court  
15-17 Kildare Rd  
Blacktown 2148  
**All appointments:**  
**Ph 98317400**  
**Fax 98317500**

### **Ureteroscopy: Information Sheet**

Ureteroscopy is a treatment for kidney or ureteric stones that uses a telescope to pass up into the ureter or kidney and to fragment a stone under direct vision. Usually Dr Bariol will send a sample of your stone for analysis during the procedure.

A stent is often placed during this procedure. This is a plastic tube which facilitates passage of any small remaining fragments and prevents obstruction of the kidney from oedema (swelling) of the ureteric wall. A stent is not designed for permanent use, and should be removed within 3 months of insertion. If left in for too long, stents can develop stone material around them (encrustation) or break, causing pain and making removal very difficult.

### **Following your ureteroscopy:**

- Drink at least 3 Litres of water over the next 24 hours.
- It is normal to have mild to moderate loin discomfort and burning on urination for approximately 12-24 hours after the procedure. Ural or any urinary alkaliniser should be used if you experience dysuria. If you experience pain, take the medications which have been prescribed to you.
- If a stent has been inserted, it is normal to experience pain, frequency of urination and blood in your urine (haematuria).
- Should you develop either:
  - Severe loin pain, not controlled by your medications
  - Fever- you should contact Dr Bariol or the hospital. Alternatively you may attend the nearest Emergency Department.
- You should make an appointment to see Dr Bariol 2-4 weeks after your operation. Make sure you have an X Ray on the day of or day prior to this appointment, and bring your old X Rays along for comparison.